

March Workshops with Helen Frost

Lone Star Sparkler 6-hour class; some rotary cutting and piecing experience necessary

Quilters love the *Lone Star!* Make your own diamond dazzler with this great method of strip-piecing developed by Helen and her mother, Blanche Young. Learn precision pinning and sewing, painless set-in seams, and perfect mitered borders as shown in their new book, *All-Star Quilts: 10 Strip-Pieced Lone Star Sparklers* (C&T Publishing, 2010).

Supply List

Look for three fabrics that range from lighter to darker or from color to color. Buying the same amount of each star fabric allows you to rearrange the order in class. The background fabric can be lighter or darker as long as it contrasts with the star fabrics. The borders can be fabrics used in the star or different fabrics. This 28" x 28" star is the perfect size to learn on; I will also share tips and techniques for the larger points used for *Lone Star* bed quilts.

Fabrics

3/8 yard each of 3 fabrics for the star points
1/2 yard for background
1/8 yard for accent border
2/3 yard for outer border

3/8 yard for binding*
1 yard for backing*
*Not needed in class.

Supplies

Rotary cutter
Rotary ruler (6" x 12" or larger)
Mat (12" x 18" or larger)
Sewing machine with wound bobbins
Neutral thread for piecing

Thread to match background and borders
Small scissors for snipping threads
Seam ripper
Fine pins

Beautiful Bindings 6-hour class; all levels

Achieve smooth bindings with perfect corners and learn a great method for joining the ends. Practice sewing angled and scalloped edges and try new "gourmet" bindings, such as two-color and faux piping. You will bind small quilted samples; place these in a binder with the handouts to create a Binding Binder that you can refer to again and again.

Supply List

Learn all the tricks and techniques for great bindings by working on small quilted samples. The kit fee includes all quilted fabrics and bindings. **Kit fee: \$5.00**

Supplies

Sewing machine with neutral thread and wound bobbins
Fabric scissors, pins, seam ripper
Small rotary ruler with 45° degree line

Pencil and fine point permanent marker, such as Sharpie brand
3 ring binder, 1" or larger